

<u>Criteria 3- Research, Innovations and</u> <u>Extension</u>

3.4 – Extension Activities

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.)and/or those organised in collaboration with industry, community and NGOs during the last five years.





ADDITIONAL SKILL ACQUISITION PROGRAMME

2019-2020

ASAP forum S.E.S college always has a grandstand with its attempt to be better and best with all the possible nifty enterprises it undertook. With the zest of doing more and better ,the forum organised multiple activities in the academic year 2019-2010 also as it did with foregoing years. The activities of the forum started with the distribution of ASAP signature welcome note handouts for first year students ,which is encoded with maxims .sessions of ASAP turned out to be more stimulating and formative through brainstorming activities which included individual and group demonstration by the students and new gen activities like tiktok video making. ASAP S.E.S award day is done as a part of classroom activities ,where awarding of BEST PERSONALITY, BEST EMERGING LEADER AND OUTSTANDING performer is announced and appreciated. One of

the most significant activity of the year was the preparation of placards which exhorted the importance of refusal of single use plastic .The initiative was under the title 'CHOOSE TO REFUSE'.The placards got posted in different corners of the campus to instill a feeling of promoting nature friendly lifestyle.One of our Asapians Nandana Rajan started anchoring in a local television channel, which



herself says is a result of the tutelage of ASAP and she also got a chance to speak about her journey with ASAP in the annual district ASAP meeting convened at collectorate in the presence of District collector and other dignitaries. The most important achievement of the forum is the selection got for our students to take part in 'REBOOT KERALA HACKATHON' ,an initiative by the higher education department, Government of kerala and ASAP. In the event mostly technical institutions got selected and our college is one of the least minimum Arts and Science colleges, which got selected. The experience students got out of this practical learning experience is beyond words. ASAP continues its stimulating efforts during the corona lockdown period by shifting to all the digital platforms possible.



<u>ATTEMPTS</u>

ASAP WELCOME NOTES PREPARED TO WELCOME FIRST YEARS 'CHOOSE TO REFUSE' SINGLE USE PLASTIC 'CHOOSE TO REFUSE' SINGLE USE PLASTIC





ASAP AWARD DAY

S.E.S COLLEGE IN REBOOT KERALA S.E.S COLLEGE IN REBOOT KERALA



S.E.S COLLEGE IN REBOOT KERALA S.E.S COLLEGE IN REBOOT KERALA

VALEDICTORY HACKATHON







NATIONAL SERVICE SCHEME

(S.E.S COLLEGE SREEKANDAPURAM)



EXTENSION ACTIVITY REPORT





NSS Units of S.E.S College

S.E.S. College Sreekandapuram has two Units, unit No. 17th and 18th, under the control and guidance of Kannur University.

Programme officers

- Sri. Samson Rajan, Assistant Professor, Department Of English.
- Sri. Rejith p p, Assistant Professor, Department of Physics
- Smt. Shyna Janardhanan, Assistant Professor, Department Of English.

KAITHANGU (JULY 08, 2019)

An amount of Rs 24, 000 was collected by NSS Volunteers from **students and staffs of our college** to help a student of Nirmalagiri College who met with an accident and was in need of a crucial surgery. The amount was transferred to the account.



SALE OF LED BULB(JULY 12 2019)

Led bulb made by the NSS Volunteers was sold in the campus. The amount collected through the sales were used for charity works.

FLOOD reliefACTIVITIES (August 12-14, 2019)

NSS Volunteers donated cleaning tools worth Rs.17,800 to Sreekandapuram Municipality and Chengalayi. NSS Volunteers also helped in cleaning Sreekandapuram bus stand which was tremendously affected by floods.

NSS volunteers also contributed dresses worth Rs 10,000 to Kannur University flood Relief collection center.







BLOOD DONATIONCAMP (JANUArY 29, 2020)

NSS Unit of S.E.S College organised blood donation camp in association with Kannur District Hospital 29th January 2020. Blood donation is life donation. NSS Volunteers can take pride in thought that every time a life is saved through your kindness and dedication to the Society were a part of it.



PREPERATIONOF HAND SANITIZER(March 19, 2020)

As a battle against Covid.19, the department of Chemistry and NSS units prepared hand sanitizer. It was distributed to local people, auto-rickshaw drivers, excise dept, media office, police department in Sreekandapuram. The programme was inaugurated by M Raghavan Chairman, Sreekandapuram Municipality. It encouraged the use of hand sanitiser among people in order to prevent the further spread of coronavirus.





MASK CHALLENGE

NSSVolunteers actively participated in the mask challenge. Volunteers staying at home as part of the lock-down, prepared the mask and distributed to the staff of the college and the needy people.





aWareNess Class ON COrONa virUs

EFhr11ArV15 2020

Mr. Sasindran K V, Health Inspector, Koottumugham Public Health Center conducted an awareness class on Corona virus to the NSS Volunteers. The

session was really helpful for







Dr. DOMINIC THOMAS Principal S.E.S. COLLEGE SREEKANDAPURAM

Department of Mathematics 2019-20

A visit to old age home

Department organise to visit an old age home "**Karunalayam**", **Chempery.** The main aim of this activity was to create a humanitarian consideration among the students.

On 7th February 2020 BSc Mathematics III year students visited "**Karunalayam**" chempery under the guidance of Teachers in mathematics department. handed over an amount collected from the programme "Tesseract". The inmates shared their stories and gave advice to students. Students presented cultural programmes for the inmates to entertain and they experienced quality and humanity through the visit.











SES COLLEGE SREEKANDAPURAM

ANNUAL REPORT 2019-2020





FLOOD RESCUE OPERATION

On 12th August, 2019 the NCC cadets of SES College Sreekandapuram took part in the flood rescue operation along with the Kerala Fire Force Department. Due to the heavy monsoons ,the river water level of the adjoining Sreekandapuram river had further risen above the danger mark which affected the nearby town. To clean up this town and surrounding areas, the cadets came forward. SUO Jaideep K. and UO Prathyush along with Fire Force Officers controlled and coordinated the operation and it became a great success

FLOOD RELIEF CHENGALAYI

As part of the flood relief and rescue operations, on 13th August, 2019 NCC cadets along with the fire force department cleaned up Chemgalai town area. The monsoon had brought up flood in the Chengalai town ; the correct actions of the cadets made a great impact in the flooded area. SUO Jaideep K and UO Prathyush along with other cadets and fire force members cleaned up the whole area.



MEGA SWACHATA PAKHWADA INAUGURATION

NCC unit observed mega swatchatha pakwada from 17-09-2019 to 2-10-2019. The aim of the programme was to solve the problems of sanitation and waste management in India by ensuring hygiene across the country. Principal, members from 31(k) battalion, and all other cadets actively participated in programme. ANO Lt. Preju. K. Paul and Principal Dr. Dominic Thomas felicitated in the programme. 93 cadets from SES college took pledge on behalf of mega swachta pakhwada. Principal Dr. Dominic Thomas administered the plege. Battallion members, ANO, and all other cadets repeated the pledge.







Dr. DOMINIC THOMAS

Principal S.E.S. COLLEGE SREEKANDAPURAM

MEGA SWACHATA PAKHWADA CAMPUS CLEANING

NCC unit conducted a cleaning programme on behalf of mega swachata pakhwada launched by the government. Members from 31(K) battalion coordinated the cadets in cleaning campus. All cadets actively participated to make college a green campus.



MEGA SWACHATA PAKHWADA FLASH MOB

On 22 nd September ,2019 NCC cadets of SES College Sreekandapuram brought out a flash mob as part of mega Swachtha Pakhwada in Sreekandapuram town. 63 cadets participated with great pleasure and joy. ANO Lt.Preju K Paul along with the seniors of NCC coordinated the program. Flash mob generated positive exposure and also delighted the audience.



MEGA SWACHATA PAKHWADA

PLASTIC WASTE COLLECTION (KOTTUR RIVER SIDE)

NCC cadets of SES college conducted a cleaning programme at Kottoor river side, regarding mega swachtha pakhwada launched by government. Principal of college Dr. Dominic Thomas, ANO Lt. Preju. K. Paul and SUO Jaideep. K coordinated the programme. Cadets actively participated in cleaning Kottoor river bank and collected all the plastic wastes and handed it over for recycling.



CANCER AWARENESS RALLY

NCC cadets of SES college conducted a cancer awareness rally on 1-11-2019. The rally started from college and ended in Sreekandapuram town. SUO Jaideep. K, ANO Lt. Preju. K. Paul and 40 cadets participated in rally.



TRAFFIC AWARENESS & ANTI DRUG AWARENESS BIKE RALLY

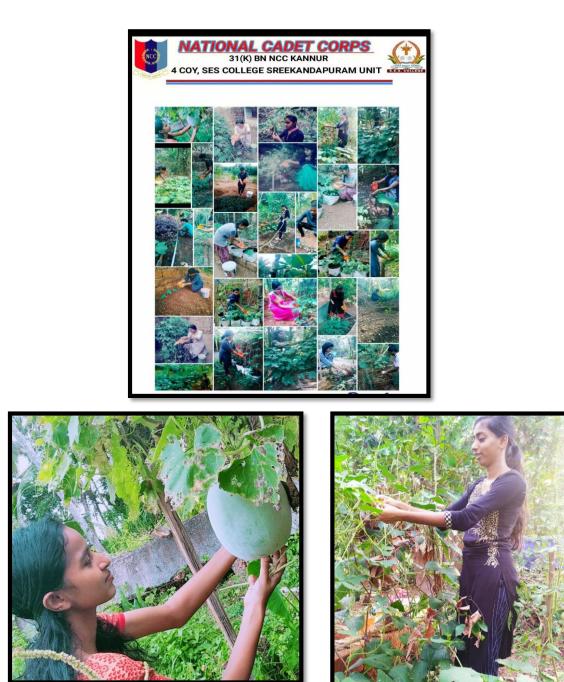
NCC of SES College, Sreekandapuram conducted a Traffic awarness class on 18-12-2019 at college. Representatives from traffic police gave informative lectures to the cadets. They informed the students that due to the violation of traffic rules on roads by under aged, traffic on roads have become very unsafe, especially for school children. 82 cadets attentively listened to the class.





FARMING THROUGH LOCKDOWN

NCC cadets of SES College Sreekandapuram conducted a' farming through a lockdown ' program on 28th April 2020. Each cadet started working on their farmlands since the college was shut due to the lockdown .It is learnt that the nation wide lockdown has given them a chance to test their luck in farming.



PRE-MONSOON CLEANING

On 19th may 2020, NCC cadets of SES College Sreekandapuram took several preventive measures to avoid spreading of contagious diseases during the rainy season. The cadets cleaned up their surroundings and emptied stagnant water stored places.



DISTRIBUTION OF MASK (MUNCIPALITY)

As the outbreak of corona virus disease has created a global pandemic , on 28th may 2020 NCC cadets of SES College Sreekandapuram handed over masks to the muncipality . Muncipal chairman P.P Ragavan inagurated by handovering the mask . Principal of SES College Dr. Dominic Thomas ,ANO Lt. Preju K Paul , SUO Praveen A.S ,6 cadets also joined as the representatives of cadets .





DISTRIBUTION OF MASK (POLICE STATION)

On 29th may 2020, NCC cadets of SES College Sreekandapuram conducted a mask handling over programme . The masks were handed over by ANO Lt. Preju k paul to sreekandapuram police station and kudiyanmala police station and was received by C.I Joshy Jose and S.I Gangadharan.





